

Salvino, Italy 🇮🇹 May 25-29, 2019

*Health, Education and Cultural Exchange*

INTERNATIONAL TAI CHI CHUAN  
SYMPOSIUM  
*Directly from the Source*

The inaugural  
**YANG FAMILY TAI CHI CUP**  
International Tournament of Yang Style  
Tai Chi Chuan

**Rules and Regulations**

# **YANG FAMILY TAI CHI CUP**

## **International Tournament of Yang Style Tai Chi Chuan**

All Yang Tai Chi Chuan styles are welcome to participate in the inaugural Yang Family Tai Chi Cup: Open Tournament of Yang Style Tai Chi Chuan, an official event of the 2019 International Tai Chi Chuan Symposium. This is a friendly tournament to bring together all Yang Style Tai Chi Chuan practitioners to help promote tai chi and fitness activities internationally.

Members of the International Yang Family Tai Chi Association and all Yang Style Tai Chi Chuan practitioners are qualified to participate in this special tournament individually or in a group.

### **1 – Date and Place**

The inaugural Yang Family Tai Chi Cup – International Tournament of Yang Style Tai Chi Chuan will be held on May 26th, 2019 in Selvino, Italy.

### **2 – Venue**

Sports Hall  
Via G. Manzu, 34  
Selvino, Italy

### **3 – Competition Events**

The tournament is for both individuals and groups with events in Bare Hand, Sword and Saber forms.

#### **3.1 Tai Chi Chuan: Bare Hand Form**

- Yang Family Essential Form
- Simplified 24 movement
- Other Yang Style

#### **3.2 Tai Chi Jian: Sword Form**

- Yang Family Tai Chi Sword
- Other Yang Style Tai Chi Sword

#### **3.3 Tai Chi Dao: Saber**

- Yang Family Tai Chi Saber
- Other Yang Style Tai Chi Saber

## 4 – Categories

There are two tournament categories: individual and group. Participants may enter both categories.

### A – Individual:

In the Individual Category there are two sub-categories, Male and Female sub-categories, under which there are five age-based divisions. A competitor's age for the tournament is determined by their age on May 1, 2019.

#### Male

Division A: under 20

Division B: 20 – 35 years

Division C: 36 – 50 years

Division D: 51 – 69 years

Division E: 70+

#### Female

Division A: under 20

Division B: 20 – 35 years

Division C: 36 – 50 years

Division D: 51 – 69 years

Division E: 70+

### B – Group:

A tournament group must have six (6) participants at minimum and a maximum of ten (10). Team composition is open, and every team can participate in Hand Form and/or Sword Form and/or Saber Form.

## 5 – Placing and Awards

### A - Individual:

The first 30% of the Division is awarded a certificate and gold medal, next 30% is awarded a certificate and silver medal and the last 40% is awarded a certificate and bronze medal.

In each Individual Division:

1st Place - trophy

2nd Place - trophy

3rd Place - trophy

### B - Group:

1st Place – one trophy plus certificates and gold medals to each team member

2nd Place – one trophy plus certificates and gold medals to each team member

3rd Place – one trophy plus certificates and gold medals to each team member

Certificates for all other group participants

## 6 – Competition Attire and Weapons

1 – Tournament participants need to wear tai chi competition clothes and athletic shoes.

2 – Tournament participants are responsible for their own weapons (tai chi sword and tai chi saber).

- Sword must be metal and of sound construction and long enough that the tip of the sword when held in ready position reaches at least the middle of the ear. A tassel is required for the sword.
- Saber must be metal and of sound construction and long enough that the tip of the saber when held in ready position reaches at least the bottom of the ear. A flag is required for the saber.

## 7 – Registration Fees, Process and Deadline

Tournament fee for individual performance: €20 or \$25 USD fee per individual event

Tournament fee for group performance: €10 or \$12 USD per person per event.

All participating groups and individuals are required to fill out the Tournament application form and pay the tournament fees. The is the link to the tournament registration form:

[https://www.taichisymposium.com/wp-content/uploads/2019/01/Tournament-Registration-Form\\_FINAL.pdf](https://www.taichisymposium.com/wp-content/uploads/2019/01/Tournament-Registration-Form_FINAL.pdf)

Please download the form and save it to your hard drive. Complete this saved version of the form and send it to:

[symposiumtournament@yangfamilytaichifoundation.org](mailto:symposiumtournament@yangfamilytaichifoundation.org)

Payment of the tournament fee is through the online symposium registration form:

<https://www.taichisymposium.com/registration/>

**Tournament registration closing date (deadline) is Apr 20, 2019.** Late registrations will not be accepted.

## 8 – Tournament Rules

1. Bare Hand performance must be 4 – 5 minutes in length only.  
Sword performance must be 3 – 4 minutes in length only.  
Saber performance must be 1 – 2 minutes in length only.
2. Each participant should have with them a printed copy of their Tournament Registration Form. The participant should bring valid identification and evidence of valid health insurance. You are responsible for any unforeseen circumstances.
3. Competition participants should have own insurance.
4. In order to maintain the competition's strict arrangement order, if participants need to change a person or event, written request must be made to the competition department 48 hours before the competition. If the change is accepted, every person or event change requires a fee of \$10USD.
5. All competitors will be called to the arena at least 10 minutes before the beginning of the event.
6. The competitor should remove all jewelry and watches before entering the arena. Eyeglasses may be worn during the performance.
7. All competitors should check in within 30 minutes before competition. They will be regarded as abstaining from the competition if they do not respond to 3 roll-calls.
8. Competitor results will be nullified if he/she withdraws from the competition for no reason.
9. After registration, the teams are requested to read the regulations carefully. If names or events are found incorrect, a written application should be submitted to the competition committee before 18:00 May 23.
10. Notification will be made to registered participants of any additional information not covered in these regulations as they arise.

11. There will be an information meeting for group leaders, coaches, and judges on May 24, 2019 at 5:00pm. Please be punctual. Notification of the meeting location will be made closer to the competition date.

## **9 – Arena Protocols**

1. Entering/Greeting: The Head Judge calls the competitor's name. The competitor steps to the edge of the arena and salutes with the standard bare-hand palm-and-fist salutation (no "bow" with the salute) or the standard salute with a weapon, then holds the salute until the Head Judge acknowledges by returning the salute and indicates permission to enter the arena.
2. Competitor's starting point: The competitor walks directly to the assigned starting point and waits for the Head Judge's signal to begin. The competitor does not speak and does not salute individual Judges.
3. Beginning signal: The Head Judge gives the command "Begin, please."
4. Proceeding: The competitor performs the routine, each at his/her own pace.
5. Finishing and exiting: When a competitor has completed a routine, he/she may exit the arena without waiting for others to finish. There is no salute. The competitor looks at the Head Judge and waits for eye contact. The Head Judge gives a signal (nod or hand gesture) to exit the arena.
6. Incomplete routine: If a competitor does not finish a routine, he/she may exit the arena without waiting for others to finish. There is no salute. The competitor looks at the Head Judge and waits for eye contact. The Head Judge gives a signal (nod or hand signal) to exit the arena.

## **10 –Yang Family Tai Chi Ranking Procedures**

All Yang Family Tai Chi Association members can apply for Duan Ranking levels during the tournament. This method of evaluation for Yang Family Tai Chi Chuan ranking is specific to those who compete in the Yang Style Tai Chi Chuan Tournament in Selvino, Italy, 2019. For this event it is not possible to rank without participating in the tournament.

All ranking applications must be received by the Yang Family Tai Chi Ranking Department by April 20, 2019 along with the Ranking Application Fee.

### **Applicants applying for the first time:**

In general, members are expected to enter the ranking system by testing at the Copper Eagle level and progress sequentially. However, a member who has been engaged in systematic practice of Yang Family Tai Chi Chuan for three (3) or more years, commits and adheres to the Yang Family Tai Chi Chuan Morals and Commandments, and submits a written recommendation from her/his teacher to test for this rank, may apply directly for Silver Eagle ranking. Approval or consent must be given by a Yang Family Tai Chi Center or the association's Ranking Department. Non-sequential ranking is not allowed for any other rank.

### **Applicants who attained a rank previously and are applying for the next level:**

1. Those who have been ranked can only be promoted to the next level.
2. For the purpose of ranking within the International Tournament, the normal time interval for advancing in rank is modified **this one time**. Anyone whose last ranking for levels 1 or 2 was before December 31, 2018 may apply for the next ranking level in the tournament. Anyone

whose last ranking for levels 3-5 was before December 31, 2017 may apply for the next ranking level in the tournament.

### **All Applicants**

1. Final scores given by the Chief Judge of the Tournament will act as the standard score for ranking.

### **Required Scores for Each Level**

The ranking scores listed below are higher than the standard ranking scores because the scale used for competitions score is higher. As well, there will not be push hands tests in the tournament.

**Copper Eagle - Rank One** - The individual should achieve a score of at least 7.9 points in the competition for the 22 Essential Form and achieve a score of at least 60 points in the Rank One written test of history and theory.

**Silver Eagle - Rank Two** - The individual should achieve a score of at least 8.3 points in competition for the 22 Essential Form and achieve a score of at least 65 points in the Rank Two written test of history and theory.

**Gold Eagle - Rank Three** - The individual should achieve a score of at least 8.5 points in each competition (22 Essential Form and one weapon form) and achieve a score of at least 70 points in the Rank Three written test of history and theory.

**Copper Tiger - Rank Four** - The individual should achieve a score of at least 8.9 points in each competition (22 Essential Form, Sword, and Saber) and achieve a score of at least 75 points in the Rank Four written test of history and theory.

**Silver Tiger - Rank Five** - The individual should achieve a score of at least 9.3 points in each competition (22 Essential Form, Sword and Saber) and achieve a score of at least 80 points in the Rank Five written test of history and theory.

**Gold Tiger - Rank Six** - The individual should achieve a score of at least 9.5 points in each competition (22 Essential Form, Sword and Saber) and achieve a score of at least 85 points in the Rank Six written test of history and theory.