

Selvino, Italy  May 25-29, 2019

Health, Education and Cultural Exchange

INTERNATIONAL TAI CHI CHUAN

SYMPOSIUM

Directly from the Source

25 - 29 May 2019, Selvino - Italy

Schedule of Events

2019 International Tai Chi Chuan Symposium – Schedule of Events

FRIDAY, MAY 24			
TIME	EVENT	DESCRIPTION	LOCATION
10:00 – 20:00	Registration and Check-in	Registration, Check-in, Reception, Hospitality	Harmony Hotel Corso Milano, 23
14:00 – 16:00	Opening Ceremonies Rehearsal		Conference Centre Theatre
16:00 - 17:00	SOC Meeting		T'Ami Hotel
18:00 – 19:30	Judges meeting		Sports Ha;;
21:00	Volunteers Staff meeting	Orientation Organization Staff answering questions	T'Ami Hotel Via Monte Purito, 3

SATURDAY, MAY 25			
TIME	EVENT	DESCRIPTION	LOCATION
07:30 – 09:00	Registration and Check-in Breakfast	Registration, Check-in, Reception, Silk Road	Harmony Hotel
09:00 – 12:00	Opening Ceremonies	Welcomes Introductions Greetings Parade of nations Overview of Symposium Program Six Major Tai Chi Chuan Styles Cultural Performances Conclusion of Grand Opening	Conference Centre Theatre
12:00 -	Group Picture		
12:30 – 14:00	Lunch and Free Time	Lunch Academic Poster Presentations Silk Road	Harmony Hotel
14:00 – 15:00	Academic Session Keynote Address	Introduction: Dan Shulz Dr. Patricia Huston “What science knows and does not know about tai chi”	Cinema Stella Alpina Via Scuole, 8
15:00 – 16:00	Academic Session Academic Historical Research	Introduction: Cindy Hui-Lio Mr. Yu, Gongbao History of Chinese Martial Arts	Cinema
16:30 – 17:30	Tournament Competitors Meeting		Sports Hall
16:00 – 19:30	Dinner Break	Dinner Academic Poster Presentations Silk Road	Harmony Hotel
19:30 – 21:00	Round Table Panel Discussion with Masters and Researchers	Open Forum with Questions from Symposium Participants on Health Benefits of Tai Chi Chuan	Cinema

2019 International Tai Chi Chuan Symposium – Schedule of Events

SUNDAY, MAY 26			
TIME	EVENT	DESCRIPTION	LOCATION
06:30 – 07:30	Morning Tai Chi practice	Tai Chi practice to all people	Municipal grounds or Sports Hall depending on weather
07:30 – 08:30	Registration and Check-in/ Breakfast	Registration, Check-in, Reception, Silk Road	Harmony Hotel Corso Milano, 23
	Competitors' Check-in		Sports Hall
08:00 – 08:30	Tournament Staff Meeting		Sports Hall
08:30 – 09:00	Yang Family Tai Chi Cup	Opening Ceremony	Sports Hall (Palazzetto Dello Sport Di Selvino) Via G. Manzu, 34
09:00 – 13:00	Yang Family Tai Chi Cup	Tournament – Group and Individual	
13:00 – 14:30	Lunch and Free Time	Lunch Academic Poster Presentations Silk Road	Harmony Hotel
14:00 – 15:00	Ranking Written Test Examination		Sports Hall
15:00 – 16:30	Ranking Push Hands Examination		Sports Hall
17:00 – 18:00	Tournament Closing Ceremonies		Sports Hall
18:00 – 20:00	Dinner break	Dinner Academic Poster Presentations Silk Road	Harmony Hotel
20:00	Special Evening Event	GRAND SHOWCASE	Conference Centre Theatre

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MONDAY, MAY 27			
TIME	EVENT	DESCRIPTION	LOCATION
6:30 – 7:30	Morning Tai Chi practice	Tai Chi practice to all people	Municipal grounds or Sports Hall – weather dependent
7:30 – 8:30	Registration and Check-in/ Breakfast	Registration, Check-in, Reception, Silk Road	Harmony Hotel Corso Milano, 23
9:00 – 12:00	Tai Chi Chuan Grandmaster’s Workshop – Group A	Tai Chi Training Methods Yang Family Tai Chi Chuan Master Yang Jun	Sports Hall – Gymnasium 1 – basketball court Via G. Manzu, 34
	Tai Chi Chuan Grandmaster’s Workshop – Group B	Tai Chi Training Methods He Family Style Master He Youlu	Sports Hall – Gymnasium 2 – tennis court
	Tai Chi Chuan Grandmaster’s Workshop – Group C	Tai Chi Training Methods Chen Family Style Master Chen Zhenglei	Scuole Elementari E Medie – Gymnasium 3 Via Cardellino, 1
12:00 – 13:30	Lunch and Free Time	Lunch Academic Poster Presentations Silk Road	Harmony Hotel
13:30 – 14:20	Academic Session Keynote Address	Dr. Fuzhong Li <i>“Transforming traditional Tai Ji Quan techniques into integrative movement therapy for older adults at high risk of falling and people with movement disorders”</i>	Cinema Stella Alpina Via Scuole, 8
14:25 – 15:25	Academic Session Session Presentations	Prof. Nicola Robinson <i>“Researching tai chi – trial and tribulations”</i> Dr. Son-Nam Tran Ba <i>“Brain Functional imaging: (how) can it help understanding the effects of Tai Chi Chuan?”</i>	
15:45 – 18:45	Tai Chi Chuan Grandmaster’s Workshop – Group A	Tai Chi Training Methods Wu/Hao Family Tai Chi Chuan Master Zhong Zhenshan	Sports Hall – Gymnasium 1 – basketball court
	Tai Chi Chuan Grandmaster’s Workshop – Group B	Tai Chi Training Methods Sun Family Style Master Sun Yongtian	Sports Hall – Gymnasium 2 – tennis court
	Tai Chi Chuan Grandmaster’s Workshop – Group C	Tai Chi Training Methods Wu Family Style Master Wu Kwongyu	Scuole Elementari E Medie – Gymnasium 3
18:45 on	Dinner break and Free Time	Dinner Academic Poster Presentations Silk Road	Harmony Hotel
19:30 – 22:30	San Pellegrino Excursion (optional)	An optional visit to the thermal baths in San Pellegrino	San Pellegrino

2019 International Tai Chi Chuan Symposium – Schedule of Events

TUESDAY, MAY 28			
TIME	EVENT	DESCRIPTION	LOCATION
6:30 – 7:30	Morning Tai Chi practice	Tai Chi practice to all people	Municipal grounds or Sports Hall – weather dependent
7:30 – 8:30	Registration and Check-in/ Breakfast	Registration, Check-in, Reception, Silk Road	Harmony Hotel Corso Milano, 23
9:00 – 12:00	Tai Chi Chuan Grandmaster’s Workshop – Group A	Tai Chi Training Methods Sun Family Style Master Sun Yongtian	Scuole Elementari E Medie – Gymnasium 3
	Tai Chi Chuan Grandmaster’s Workshop – Group B	Tai Chi Training Methods Wu Family Style Master Wu Kwongyu	Sports Hall – Gymnasium 1 – Basketball court
	Tai Chi Chuan Grandmaster’s Workshop – Group C	Tai Chi Training Methods Wu/Hao Family Tai Chi Chuan Master Zhong Zhenshan	Sports Hall – Gymnasium 2 – tennis court
12:00 – 13:30	Lunch and Free Time	Lunch Academic Poster Presentations Silk Road	Harmony Hotel
13:30 – 16:30	Tai Chi Chuan Grandmaster’s Workshop – Group A	Tai Chi Training Methods He Family Style Master He Youlu	Scuole Elementari E Medie – Gymnasium 3
	Tai Chi Chuan Grandmaster’s Workshop – Group B	Tai Chi Training Methods Chen Family Style Master Chen Zhenglei	Sports Hall – Gymnasium 1 – Basketball court
	Tai Chi Chuan Grandmaster’s Workshop – Group C	Tai Chi Training Methods Yang Family Tai Chi Chuan Master Yang Jun	Sports Hall – Gymnasium 2 – tennis court
16:30 -16:45	Break		
16:45 – 17:45	Academic Session	Holly Sweeney-Hillman <i>Tai chi principles based on biomechanics</i> Oral poster presentation 1: Drs. Greg Moore & James Fox <i>Tai Chi and Musculoskeletal Health: A Systematic Review and Analysis</i> Oral poster presentation 2: Dr. Ivan Kolev <i>The Health Benefits of Tai Chi – evidence-based summary of the available clinical research data</i>	Cinema Stella Alpina Via Scuole, 8
17:45 – 1830	Dinner Break	Dinner Academic Poster Presentations Silk Road	Harmony Hotel
18:30 – 21:00	Disciple Ceremony		T’Ami Hotel Via Monte Purito, 3

2019 International Tai Chi Chuan Symposium – Schedule of Events

WEDNESDAY, MAY 29			
Time	Event	Description	Location
6:30 – 7:30	Morning Tai Chi practice	Tai Chi practice to all people	Municipal grounds or Sports Hall – weather dependent
7:30 – 8:30	Registration and Check-in Breakfast	Registration, Check-in, Reception, Silk Road	Harmony Hotel
9:00 - 12:00	Tai Chi Chuan Grandmaster's Workshop – Group A	Tai Chi Training Methods Wu Family Style Master Wu Kwongyu	Sports Hall – Gymnasium 2 – tennis court
	Tai Chi Chuan Grandmaster's Workshop – Group B	Tai Chi Training Methods Wu/Hao Family Tai Chi Chuan Master Zhong Zhenshan	Scuole Elementari E Medie – Gymnasium 3
	Tai Chi Chuan Grandmaster's Workshop – Group C	Tai Chi Training Methods Sun Family Style Master Sun Yongtian	Sports Hall – Gymnasium 1 – basketball court Via G. Manzu, 34
12:00 – 13:30	Lunch and Free Time	Lunch Academic Poster Presentations Silk Road	
13:30 – 14:20	Academic Session Closing Keynote Speaker	Prof. Chenchen Wang <i>“Tai Chi for Chronic Musculoskeletal pain and Well-being”</i>	Cinema Stella Alpina Via Scuole, 8
14:45 – 17:45	Tai Chi Chuan Grandmaster's Workshop – Group A	Tai Chi Training Methods Chen Family Style Master Chen Zhenglei	Sports Hall – Gymnasium 2 – tennis court Via G. Manzu, 34
	Tai Chi Chuan Grandmaster's Workshop – Group B	Tai Chi Training Methods Yang Family Tai Chi Chuan Master Yang Jun	Scuole Elementari E Medie – Gymnasium 3
	Tai Chi Chuan Grandmaster's Workshop – Group C	Tai Chi Training Methods He Family Style Master He Youlu	Sports Hall – Gymnasium 1 – basketball court
17:45 – 19:00	Break and Free time	Academic Poster Presentations Silk Road	Harmony Hotel
19:00 – 20:00	Closing Ceremonies	Conclusion of Symposium Closing remarks and summary Executive Officers and Division Heads Thanks	Conference Centre Theatre
20:00 -	Party / Farewell	Friendship Party and Farewell	Municipal Piazza (if raining, have Closing Ceremonies in Cinema and Friendship/Farewell party in Harmony Hotel